

CANONICAL ENTRY 50 / 74

Menopause

Reproductive & relational

CANONICAL SOURCE - VERBATIM

Every woman can have a different menopausal experience depending primarily on the manner in which she faces life and her selected purpose for being here.

The body is capable of normal function, and change of the life situation can be met with equanimity. Often distresses experienced are due to pelvic organs and those of the eliminating system, as well as the upper hepatic circulation and the indeterminate reactions of impulses between the autonomic and cerebral spinal system.

To relieve headaches, hot/cold flashes, and irregularity of heart:

- Keep balanced and well rested
- Don't overstimulate the vital forces of the body, especially those related to the activities of reproduction
- Fast on oranges and lemons for five days, then half a tea cup of olive oil
- Epsom salt bath
- Olive oil massage
- Osteopathic manipulation
- Nascent iodine
- Calcium supplement

CANONICAL COMPANION SET

Esoteric Anatomy for Healing and Revelation

Enlightened Athletics Dietary Protocol