

CANONICAL ENTRY 65 / 74

Sinusitis

Breath, voice & ENT

CANONICAL SOURCE - VERBATIM

Not a local infection but a general condition which finds expression in the soft tissue or mucous membranes where lymph is circulated.

Pressures on spinal nerves are the primary factor and commonly found in the upper dorsals and cervicals. Irritants occur through a combination of poor circulation, poor elimination, and acid-alkaline imbalance. The irritants make for an allergic effect. Associated indigestion caused by absorption of mucus in G.I. tract.

Therapy:

- Osteopathic adjustments
- Enlightened Athletics Dietary Protocol
- Hydrotherapy (colonic irrigation)
- General Massage
- Nascent iodine

Acute symptom relief: Saturate in glycothymoline a cotton cloth of 2 to 3 sheets thickness, and wrap around facial sinuses - apply for two hours.

Less acute symptom relief: Mix glycothymoline and distilled water for use as a nasal spray

CANONICAL COMPANION SET

Esoteric Anatomy for Healing and Revelation

Enlightened Athletics Dietary Protocol