

CANONICAL ENTRY 56 / 74

Neuropathy

Neurologic

CANONICAL SOURCE - VERBATIM

Formed by pressures upon nerves which lead to in-coordinate reactions.

Common Causes:

Diabetes mellitus - due to changes caused by high blood sugar levels

Shingles - can result in nerve damage

Vitamin deficiency

Alcohol

Toxin exposure

Inherited disorder

Therapy:

- Enlightened Athletics Dietary Protocol with emphasis on spinach, celery, peas, berries, fruits, carrots, lettuce, cabbage and lentils

- Regular Swedish massage using olive oil and tincture of myrrh; massage from central portion of the body and work toward extremities. Work to relax and contract the muscular forces and focus where cerebrospinal and sympathetic nerve forces coordinate, extending from below the thyroid to the pubic area on the front of the body, and from the base of the brain to the coccyx on the back side of the body.

- Daily massage following the nerves toward their end from the ninth dorsal upwards towards the hands, and from the ninth dorsal downwards towards the feet.

- Vibrational treatments to regenerate and coordinate nervous systems

CANONICAL COMPANION SET

Esoteric Anatomy for Healing and Revelation

Enlightened Athletics Dietary Protocol