

CANONICAL ENTRY 46 / 74

Laryngitis

Breath, voice & ENT

CANONICAL SOURCE - VERBATIM

The digestive tract, most typically being the seat of the problem, can be addressed with eliminants In order to correct the activity of the hepatic circulation by normalizing blood plasm in the division of blood supply and relieve the congestion of the liver.

Primary causative factors include usually either acute bacilli infection brought on by inhaling too much dirt and dust and/ or inadequate elimination. Therapies for both can be used in conjunction.

Therapy:

- Enlightened Athletics Dietary Protocol modified to consume citrus fruit juices and keep primarily a fruit/veggie diet without white bread or meat

- Massage the 1st, 2nd, 3rd dorsal, cervical area, throat and chest

- Senna Tea and/or Senna Laxative

- Hydrotherapy colonic

- Turkish bath

- Dry sauna

- Inhalant made from:

1/2 tsp Benzoin tincture

1/2 tsp eucalyptus oil

Add to a pint of boiling water, breathe in fumes and place a towel over head

CANONICAL COMPANION SET

Esoteric Anatomy for Healing and Revelation

Enlightened Athletics Dietary Protocol