

CANONICAL ENTRY 37 / 74

Headaches

Neurologic

CANONICAL SOURCE - VERBATIM

The nervous system, the digestive system and the circulatory system are all closely interrelated in the pathogenesis of headaches.

Common etiology is related to pressure on nerve plexus opposite of the pneumogastric center, which reflexively transmits pressure to the brain as a headache. This is primarily due to inadequate eliminations.

Therapy:

- Colonic to resolve intestinal abnormalities and malfunctions.
- Proper hydration, senna laxatives, and enemas also advised.
- Osteopathic manipulation and massage to resolve another common etiology of subluxation in spine.
- Alkalize the body - Enlightened Athletics Dietary Protocol
- Dissolve emotional and mental stress by fixing the attitude be kind and helpful to others.

CANONICAL COMPANION SET

Esoteric Anatomy for Healing and Revelation

Enlightened Athletics Dietary Protocol