

CANONICAL ENTRY 32 / 74

Eczema

Skin & integument

CANONICAL SOURCE - VERBATIM

Therapy:

- Enlightened Athletics Dietary Protocol; modified to consume primarily vegetables, especially carrots, okra, squash, and fruits - though sparingly
- Avoid raw apples and bananas
- Avoid all fried foods, carbonated drinks, candy, sugar, pastries, potatoes, white bread, pork, beef, butter, greases, and fats
- Drink Mullein Tea every evening (let steep for 30 minutes)

CANONICAL COMPANION SET

Esoteric Anatomy for Healing and Revelation

Enlightened Athletics Dietary Protocol