

Colitis

Digestion

CANONICAL SOURCE - VERBATIM

Preceded by a cold or intestinal flu and sometimes by an injury, colitis always occurs with lymphatic disturbance and inflammation throughout the intestinal wall. Because of this lymph can become toxic to the entire body, especially the liver, and because of the toxic effect on Peyer's patches, the lacteal ducts that are closely related to the assimilatory process are hindered and food can no longer be made to rebuild the body tissues, hence a tenseness in replenishing and tendency towards anemia.

Therapy directed at restoring proper function of lymph through rest; eliminating the inflammatory process; balancing the PH by soothing the lymphatic activity; and coordinating the nervous system.

Therapy:

- Enlightened Athletics Dietary Protocol (additionally incorporate tuberous vegetables; no meats (only fish and fowl); no fried foods; eat strength giving foods, especially a great deal of fruit and juices, especially citrus juices; Prunes; pineapple; refrain from pastries and sweets.

- Wild Ginseng Fusion

- Beef Juice - 2 tbsps day

- Concorde grape poultice layered on abdomen

CANONICAL COMPANION SET

Esoteric Anatomy for Healing and Revelation

Enlightened Athletics Dietary Protocol