

Chronic Fatigue

Foundations

CANONICAL SOURCE - VERBATIM

In overcoming Chronic Fatigue there is broad systemic involvement, but most usually originating with poor eliminations, and so a variety of therapies are used in concert to achieve a holistic effect.

Therapy:

- Enlightened Athletics Dietary Protocol
- Proper hydration with pure water
- Regular hydrotherapy colonics and senna laxatives
- Castor oil packs
- Regular and rigorous exercise
- Osteopathic manipulation (or Vibratory massage) with subsequent massage to remove any subluxations or pressures on nerves and regulate sympathetic nervous system
- Specific electro-therapy device (provided in consultation) to balance circulation
- Nascent iodine to stimulate and purify the glandular system
- Build the body for God's service, that the body and mind may be constituted more perfectly for the manifestations of God.

CANONICAL COMPANION SET

Esoteric Anatomy for Healing and Revelation

Enlightened Athletics Dietary Protocol