

CANONICAL ENTRY 20 / 74

Bust size

Reproductive & relational

CANONICAL SOURCE - VERBATIM

Women which desire a larger bust can with the following therapies safely and naturally lift and increase bust size.

Therapy:

Massage:

- Massage cocoa butter under the arm (arm pit area); below the breast; and between them. With persistency one can increase them to whatever size one likes.

- Stretching and expanding chest frame exercises to be increased gradually, without strain:

- Arm circles

- Push-pulls

In order to decrease bust one merely has to instead of massaging the gland around the breast tissue massage the breast tissue itself with cocoa butter.

CANONICAL COMPANION SET

Esoteric Anatomy for Healing and Revelation

Enlightened Athletics Dietary Protocol