

CANONICAL ENTRY 06 / 74

Acid reflux , gerd, EOE

Digestion

CANONICAL SOURCE - VERBATIM

Resulting from a weakened esophageal sphincter that allows gastric juices to damage mucosa of esophagus. The problem isn't isolated however, and is systemic, and is either resulting from an infection of a chronic nature with an effect on the liver, pancreas, and spleen; or has its causative factor in an autonomic nervous system malfunction in the mid dorsal region from D4 to D9 which effects the liver or directly effects the stomach when digestion starts. Improper function of the liver, pancreas, and spleen effectually suppresses assimilation in the lacteal duct area of the small intestine, the Peyers patch, making a tendency for the condition to perpetuate itself.

Therapy:

- Enlightened Athletics Dietary Protocol with sprouted almonds and a daily sip of olive oil
- Colonic irrigation (cycling with 3 on the first month; 1 on the second month; 2 on the third; and 1 on the fourth)
- Osteopathic manipulation to the mid dorsal region
- Saffron Tea before every meal, unless eating only raw vegetables (3tsp of Yellow Saffron in 16oz - steeped for 30 minutes)
- 1 tsp of Milk Magnesia after every meal
- Drink large quantities of Elm Water (add a pinch of powdered elm to water with ice and let to steep for 3 minutes)

CANONICAL COMPANION SET

Esoteric Anatomy for Healing and Revelation

Enlightened Athletics Dietary Protocol